



DAY OF CARING® MOCK INTERVIEWS - ONLINE

The Impact - #UNIGNORABLE issue: Employment

There are many people experiencing a lack of economic security in these times and this can have powerful repercussions, impacting a person's housing, food security, health and family life. Your support of United Way Greater Toronto impacts the places and people who need it most, benefiting programs that offer income support as well as promoting employability, skills building and networking opportunities.

Activity description

Mock Interviews help newcomers and job seekers build confidence and familiarize themselves on what to expect within in an interview process.

How does it work?

- Participants meet on an online platform.
- The host agency, United Way, and the organization representative each have a few minutes at the beginning for introductions and instructions.
- The group will then break into one-on-one chat rooms for 30 minutes to conduct a mock interview. During this time, volunteers are encouraged to keep note of the client's skills to provide positive and constructive feedback.
- Once the Mock Interview is over, everyone will regroup to the main chat room.
- Volunteers will, one by one, share their client's strengths, areas of improvement and overall feedback on their interviewing skills. Sharing in a group will enable other clients to observe different scenarios and reflect on their own skills through other's experiences.
- The program facilitator will then encourage clients to share their experiences and provide any closing remarks.

Timing

The activity can take anywhere from 1.5 to 3 hours to complete depending on the size of the group.

The following is a sample agenda:



20 minutes—Introduction and Instructions

20 minutes—Mock Interviews

30 minutes—Mentor evaluations/feedback

10 minutes—Mentee feedback

Who can participate?

- Employees with experience interviewing and hiring candidates are always a good idea, however, all employees can participate as they will be provided with instructions. The goal is to have clients practice with new people.
- Since there will be United Way and agency staff present and the experience will happen virtually, formal background checks is not required.
- Group size can range from 5-20 volunteers per session.

Booking information

To learn more, contact your United Way partner or email donorengagement@uwgt.org

After the activity

Tell us about your experience! Share your feedback with United Way using the survey link that will be included in your confirmation email.